



PosadaSurgery.com

William F. Sima, MD
Medical Director

Steven L. Saldo, JD
Managing Partner

Adam D. Abroms, MD
Ophthalmologic Surgery

David A. Bolivar, MD
General Surgery

James B. Carr, MD
Spine Surgery

Steven J. Herron, MD
Gynecology

Robert M. Hullander, MD
Pain Management

Renée S. Lauritzen, MD
Orthopedic Surgery

William E. McRee, MD
Ophthalmologic Surgery

Stefanie A. Mikulics, MD
Gynecology

Ralph Mozingo, DO
Pain Management

J. Brent Oldenburg, MD
Ophthalmologic Surgery

William F. Sima, MD
Orthopedic Surgery

N. Birrell Smith, Jr., MD
Orthopedic Surgery

Mareeni Stanislaus, MD
Gynecology

Shan J. Thomas, MD
Gynecology

Day of surgery checklist

- Do not eat or drink anything after midnight prior to surgery.
- Arrive at least one hour prior to your surgery.
- You must have a responsible adult drive you home after surgery.
- You must have a responsible adult present to care for you for 24 hours after surgery.
- You may not leave alone or drive yourself home.
- Wear comfortable, easy-to-change clothing. Slip-on shoes and loose-fitting shirts that button or zip up the front, and loose sweatpants or slacks work best.
- Leave your money, jewelry, and other valuables at home.
- Bring your insurance card with you.